

Food & Culture

Instructions

- Everyone stand up.
- Walk to the left or right side of the room depending on which statement you agree with...

We keep our eggs in
the refrigerator

We keep our eggs
outside the
refrigerator

We usually eat
dinner before 8pm

We usually dinner
after 9pm

We eat macaroni
with a spoon.

We eat macaroni
with a folk.



Dinner is an activity
that lasts about 30
minutes.

Dinner is an activity
that lasts 90
minutes... or more.

We sometimes eat
spicy food for
breakfast.

We would never eat
spicy food for
breakfast.

When you eat in a restaurant with a good friend, you usually split the bill (ie, pay for your own food)

When you eat in a restaurant with a good friend, you usually take turns paying for the whole meal.

When a group of friends come together for a meal, you usually go to a restaurant.

When a group of friends come together for a meal, you usually eat in someone's home.

When a group of friends go to a restaurant to eat, everyone orders their own meal.

When a group of friends go to a restaurant to eat, someone orders for everyone.

I can't live without
rice.

I can't live without
potatoes.

We usually have
dessert after dinner

We seldom have
dessert after dinner

We always eat
lettuce raw
(uncooked).

We sometimes cook
our lettuce.

We drink sweet tea.

We don't put sugar
in our tea.

A bag of crisps is
part of a balanced
meal.

A bag of crisps is
junk food and never
part of a proper
meal.

Lunch is usually a cold meal, especially on a hot day.

Lunch is a hot meal, even if it's a hot day.

When we're sick,
our mothers make
us herbal tea or
soup to drink.

When we're sick,
our mothers give us
lucozade to drink.

Discussion questions

- How important is food in your culture?
- Who usually cooks in the family? How long does it usually take for them to prepare dinner every day?
- Is it common to be invited to someone's home for a meal? If you were invited to someone's home for dinner, would you bring a gift? What type of gift?
- Have you noticed any differences in "food culture" since you came to the UK?